

**Rajiv Gandhi University of Health Sciences, Karnataka**  
**M.D. / M.S. Ayurveda (PART-I) Degree Examination - 19-Mar-2024**

**Time: Three Hours**

**Max. Marks: 100 Marks**

**SWASTHAVRITTA – PAPER-II – (RS-3)**

**Q.P. CODE: 3508**

Your answers should be specific to the questions asked.  
Draw neat, labeled diagrams wherever necessary.

**Answer All The Questions**

**10 X 10 = 100 Marks**

Discuss about the Brahmacharya and its importance among Trayopastahambha.

Discuss about the importance of Rituanusara Shodhana.

Define yoga and discuss about the concept of Ashtanga yoga.

Write about importance of Rasayana in Geriatric health care.

Write about Pachabhoutika chikitsa in the context of Nisargopachara.

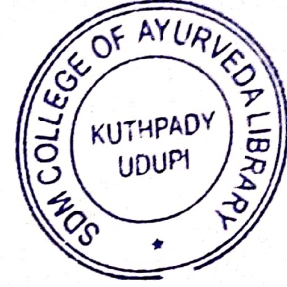
Write about the levels of disease prevention.

Write about the types of soil and discuss about Nivasayogyabhoomi.

Explain Jalakatinya (hardness of water) and its effects on human health.

Write about the National Health Policy.

Write about Bio Medical Waste management.



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